2Sox2Circs

	Sock Knitted For:	
Toe up socks, 2 at a time	Yarn:	
(or one) on 2 circular needles.	Needle size:	
	Gauge:	
Yarn: Any, split into two balls.	Foot circumference:	
Gauge: Any reasonable tension, not too loose.	Foot length:	
Needles: Two circular needles of same size and similar length.	Sock height:	
	Stitches around foot:	

Caal, Kalttad Fan

NOTE: Always knit from and to the same needle, the other needle will lie slack in back of your work. Be sure you are knitting with the opposite end of the needle where the working stitches reside and pick up the working yarn for each sock.

Knit a gauge swatch, preferably in the round. Measure around the ball of the foot and length toe tip to heel. Determine how tall the sock should be from floor to calf or knee. Calculate the number of stitches required by multiplying the stitches per inch times (ball of foot measurement minus about ½ inch). Make the number divisible by four. Stitches around foot: 32(36,40,44,48,52,56,60,64,68,72,76,80).

Cast on

Begin the first sock with a wrapped cast on. Tie a slipknot and slide it on the lower of two needles held parallel. Bring the working yarn up behind both needles, down in front of the needles and back up behind. Continue in this manner until you have 6(8,8,8,10,10,12,12,12,14,14,16,16) stitches wrapped around both needles. Bring the working yarn up between both needles to secure. Begin a second sock with the second ball of yarn using an identical wrapped cast on adjacent to first sock.

Round 1: Prepare to knit the first round by slipping the bottom wraps to the needle cord by pulling the bottom needle to the right. Hold the working yarn firmly and insert the needle between the first and second wraps and knit it off the top needle. Continue knitting across the row, knitting all stitches, to the end. Drop working yarn and pick up working yarn for second sock, knit stitches across row in the same manner. Pull the top needle far to the right allowing the worked stitches to rest on the flexible cord. Turn your work around the other needle on top and slide the stitches to the tip of your needle. You will need to slip the slipknot to the right needle and commence knitting the second half of the first round. Knit to end of round, pull the needle to the far left with the stitches remaining on the cord.

Round 2: Turn your work around and knit another complete round (both sides, both socks) without increases. Be sure to slip the slipknot at the beginning of the second half of the round. After about 4 rounds, you may drop the slipknot; it will be slipped and woven into the toe.

Toe Increases

Round 3: * K1, lift the stitch below the stitch to the left and knit it, knit to within 1 st of end; lift the stitch below the stitch just knitted and knit the lifted stitch, k1*. Drop yarn and use working yarn for second sock; repeat * to * above. Turn work and knit the second side of this row in like manner.

Round 4: Knit round without increase.

Foot

Repeat Rounds 3 and 4 until there are 32(36,40,44,48,52,56,60,64,68,72,76,80) stitches in all for each sock.

Calculate Instep Position: if foot circumference is 4" subtract 1.5" from length of sock foot, (5" -2"), (6" -2.5"), (7" -3"), (8" -3.5"), (9" -4"), (10" -4.5"). Repeat Round 4 until instep position is as calculated. Use yarn or pin to mark the first increase on the first sock, gusset increases are worked on the sole side of the sock, the top of sock is worked without increases.

Gusset Increases

Round 1: K1, lift the stitch below the stitch to the left and knit it, knit to within 1 st of end; lift the stitch below the stitch just knitted and knit the lifted stitch, k1. Repeat for second sock. Turn work and knit both socks without increase.

Round 2: Knit both sides of socks without increase.

Repeat these two rounds 5(5,6,6,7,8,8,9,10,10,11,11,12) times altogether. For each sock; the sole side will have 26(28,32,34,38,42,44,48,52,54,58,60,64) stitches; and 16(18,20,22,24,26,28,30,32,34,36,38,40) stitches for other side of sock; 42(46,52,56,62,68,72,78,84,88,94,98,104) stitches in all.

Heel Extension and Heel Flap

At this point each sock is worked separately. Put the ball of yarn for second sock into the foot of that sock. You will not work on the top of sock or the second sock until extension and flap are complete. Begin work on first sock on the sole side of sock. You are working on this needle only.

**Knit 8(9,10,11,12,13,14,15,16,17,18,19,20) stitches, SSK (slip 1 st as if to knit, slip 1 as if to knit, knit these 2 sts together through back loop), knit next 8(8,10,10,12,14,14,16,18,18,20,20,22) stitches. Turn work at gap, purl 2 tog, purl across to gap.

Row 1: Turn, SSK, knit to the gap.

Row 2: Turn, purl 2 tog, purl to the gap.

Repeat these two rows until 4(4,4,4,6,6,6,6,8,8,8,8,8) stitches remain.

Turn, sl 1, knit across heel. Pick up 5(6,7,8,8,9,10,11,11,12,13,14,15) stitches by knitting along the decrease edge or using a crochet hook. Turn, sl 1 as if to purl, purl across row to gap. Pick up same number of stitches by purling along the decrease edge, or use crochet hook to pick up stitches from the right side. You now have 14(16,18,20,22,24,26,28,30,32,34,36,38) stitches between the gaps on the needle.

The heel flap may be worked in stockinette stitch or as written with slip knit rib.

Row 1: SI 1 as if to knit, *K1, SI 1*, repeat to last stitch before the gap, slip last stitch and slip the first stitch past the gap, knit both stitches together TBL (through back loop). Turn.

Row 2: SI 1 as if to purl, purl across row to the last stitch before the gap. Purl the last stitch and first stitch past gap together. Turn.

Repeat these two rows until 1 stitch remains past the gap on both ends of needle, ending with purl row. Turn and slip 1 stitch, knit across row to the gap, M1 twisted increase stitch in the gap using the bar between the stitches, knit the last stitch.

Stop.** You have completed the heel of the first sock. Put the working yarn ball inside the first sock and prepare to turn the heel of the second sock. Repeat between **'s for second sock.

Leg and Cuff

You will now work both socks at the same time. Turn to work the top of sock, knit across both socks to complete this round.

Next round: *Knit first stitch, increase 1 stitch in the gap, knit to the last two stitches of the row. Knit the last stitch and the increased stitch together*. Repeat between *'s on second sock. Complete round knitting the top side of both socks.

Second round: *Knit first stitch and increased stitch together, knit to end of sock*. Repeat between *'s on second sock.

Knit rounds without increase in pattern or stockinette stitch until desired length is reached. You may add as much ribbing as you want. K2, P2 works well and is stretchy. Bind off loosely. Weave ends carefully at cuff. Be sure to pull the slipknot loose and weave end of yarn inside the toe.

Chery Allison cheryknits@kc.rr.com